

REPORT ON WEBINAR 2

LAW AS A CAREER IN INDIA

"A Career is not about just about earning an income , it is about pursuing the essence of your life".

Career decisions play a pivotal role in shaping the future growth and development of students. In today's scenario of multiple alternatives, knowing about the best choice available helps student in decision- making process. Timely and accurate guidance is necessarily required for everyone.

"True guidance is like a small torch in a dark forest. It doesn't show anything once, but gives enough light for the next step to be safe".

~ Swami Vivekananda

Keeping the above quote alive, with an aim to enlighten the young minds, MSMS organized the first live webinar session on "Law as a career in India" on 13th June,2020, Saturday , for students of classes 9 to 12. It was conducted on zoom virtual platform from 1 p.m. onwards and the live streaming was showcased on you tube channel of MSMS.

The resource person of the webinar was Mr. Atul Jain , an eminent advocate in Delhi High Court and MSMS alumnus.

The session was attended by an enthusiastic set of students, parents and teachers.

It was also graced by the benign presence of honorable Director Sir, Sh. S.L. Jain, respected Principal ma'am, Mrs. Ruchika Sukhija, Headmistress ma'am, Mrs. Aparna Trehan and esteemed P.T.A Vice Chairman and school counsellor, Mr. Ashish Aggarwal.

The session was initiated by the special host of the day, Mrs. Bhavna Aggarwal with a warm welcome address of all the dignitaries. It was followed by the rendition of Navkarmantra to commence on a pious note.

Next, Principal ma'am addressed the gathering with her kind words and introduced the resource person to everyone. She briefed everyone about Mr. Atul Jain's journey of success to evolve as an expert lawyer by profession and social contributor by passion.

Further, Mr. Atul Jain initiated the discussion with warm greetings to MSMS fraternity. He expressed his whole hearted gratitude towards MSMS, stating the school to be the best place for holistic development of a child. He lauded all the dedicated faculty members for their valuable guidance for attaining remarkable success in life.

He elucidated that students must follow their own passion to opt any career option as it is possible to achieve success in every field.

He presented a comprehensive report considering law as a career option. Stating various admission guidelines, he discussed the following key points :

- * Time duration of Law courses.
- * Enlisted the names of important entrance exams.
- * Enumerated names of universities and colleges providing law education.
- * Career aspects in law
- * Provided in-depth knowledge about different career options available for students after studying law.

He shed light upon the value of patience to be followed while pursuing the journey to reach great achievements. He highlighted the two mantras of success to be followed by everyone : "Be the master of the show" and "Sky is the limit".

He also conveyed a life long message to all the students to work towards enhancing their overall personality, in order to serve as the most responsible citizen of the country.

Followed next, a fruitful question-answers round was conducted to dispel the doubts and qualms students had regarding law education.

Mr. Ashish Aggarwal shared his valuable words reiterating the profession of law to be the most oldest and prosperous one. He accentuated that a person pursuing law must have an excellent command over language, wide reading interest, laborious and veracious personality to attain golden future in this profession.

Director Sir also showered his pearls of wisdom emphasizing on the role of parents in directing students towards the right path by maintaining a balanced approach of education instilled with moral values. He beautifully reformulated the concept of LAW in his own words. He concluded his speech with motivational thoughts inspiring every student to follow the passion of law to bring Justice to every home, to fight for the rights of deprived section of the society and spread harmony among the nation.

The session concluded on an optimistic note with a special vote of thanks presented by the co-ordinator, Mrs. Mahima Aggarwal.

This was an extremely enriching experience for everyone and students wish to be a part of such sessions in the future as well. We are sure that students feel they can 'stay ahead of the curve' with opportunities such as these to enlighten them.

Regards

Ms. Kirti Grover

Mr. Satyadev Sir

REPORT ON WEBINAR 3

“DECODING:THE RIDDLE CALLED SELF”

RECOURSE PERSON: MRS ARCHANA AGGARWAL,PRACTICING THERAPIST AND MSMS ALUMNA

BACKGROUND : Ms Archana Is a Practicing Therapist for Regression Work and Hypnotherapy and an Ex Mahavirian

She is running Tatva Wellness Point – A holistic healing center for last 7 years and presently situated at Rama Equator, Pimpri, Pune)

I think, therefore I am, therefore I exist.

“ The mind and the body are like parallel universes.

Anything that happens in the mental Universe must leave track in the physical one”

Deepak Chopra

In this period of lockdown and Global Pandemic everybody is fighting their own battles and there is a lot of anxiety all around. Understanding the importance of Mental Toughness in these testing times ,**Team MSMS** displayed an Exemplary **Social Responsibility** by conducting a **Third live WEBINAR** for its **Parents Fraternity** on the topic ***Decoding :the Riddle Called Self**** on ***16th June,2020, Tuesday*** , for **parents of classes 1 to 12**. It was conducted on zoom virtual platform from 4 p.m. onwards and the **live streaming was showcased on you tube channel of MSMS**.

The resource person of the webinar was. **Mrs Archana Aggarwal** , Practicing Therapist for Regression Work and Hypnotherapy with Tatva Wellness Center and MSMS alumnus.

The session was attended by parents and teachers.

It was also graced by the benign presence of Esteemed Members of Management Shri Shripal Jain Ji and Prashant Jain ji, Honourable Director Sir, Sh. S.L. Jain, respected Principal ma'am, Mrs. Ruchika Sukhija, Headmistress ma'am, Mrs. Aparna Trehan and esteemed P.T.A Vice Chairman and school counsellor, Mr. Ashish Aggarwal.

The session was initiated by Mrs. Sarika Jain with a warm welcome address of all the dignitaries. It was followed by the chanting of Navkarmantra to commence the session.

Next, **Principal ma'am** addressed the gathering and **introduced Mrs Archana Aggarwal** .

Mrs Archana initiated the discussion with warm greetings to MSMS fraternity. She expressed her whole hearted gratitude towards MSMS, recalling the contribution of MSMS in her life.

Ma'am started the session by putting questions to the audience as to "**who am I**", am i just a physical body, completing the life cycle or much more than that. **She provided an experiential learning session to the audience to feel the energy or the 'Aura' surrounding them.** After this experience the audience were a spellbound and got onto the same platform where Ma'am wanted them to connect with her .

Afterwards Ma'am took them to the internal and external journey of **Mind Body connection**, and made everybody aware about various layers of consciousness and **talked about Enlightenment Chakras and Pranic Healing.**

Main points of her session were as follows:

- We are nothing but energy.
- Prana is the main life force that keeps the body live and all must appreciate the role of pranic healing as an alternative medical therapy.
- Energy follows thoughts and becomes the external environment so we should all generate positive thoughts to improve the external environment.
- Disease is the terminal state, much before the physical body is affected disturbances are created in mental and emotional State and if thoughts are checked then diseases can be controlled.
- She advised checking the thoughts during the day deliberately and try to create positive thoughts.
- She discussed the principles of pranic healing and advised practicing meditation on daily basis.
- **Mam told " an unexamined life is not worth living"** so we must keep on reflecting upon our life state.
- Some suggestions were given by Ma'am like to practice silence ,let go of the things, and some tips to improve concentration.

Next, a **question-answer round** was conducted to take up some doubts of the audience regarding the journey of life. Needless to say that the audience were again in awe of the personality and felt satisfied as most of their questions were answered.

Ma'am advised the parents to explore the online material on pranic healing and assured them that she will be sharing the links in future of any workshop she will come across on the same.

Director Sir was all praises for Mrs Archana Agarwal and recalled the relations he had with the family and praised the way they have been brought up. Director Sir requested ma'am to provide some insight as to how to urge today's generation on the right path of meditation.

Our dear **Management Member Shri Shripal Jain ji** also addressed the gathering and appreciated the resource person for her inputs . He requested Principal Ma'am to explore continued long term relationship with the resource person for the benefit of the school. Sir insisted on **MSMS being the leader in imparting Moral and Cultural values to the students.**

Mr Ashish Agrawal ,PTA Executive Member recalled his childhood memories and appreciated the contribution of MSMS in their lives. Sir appreciated Maam for her inputs .

The session concluded on an optimistic note with a special **vote of thanks presented by the coordinator, Mrs. Charanjiv Chopra .**

This was an extremely enriching experience for everyone. All were motivated to explore beyond their physical existence and seek answer to **“Who Am I”**

Regards

Ms Garima Madan

Tanvi Sabharwal

Report on Webinar 4 (22nd June 2020, at 4 PM)

'Mind Your Money'

Wealth is not about having a lot of money; it is about having lot of options

“CHRIS ROCK”

Resource person: Mr. Rajiv Jain (Financial Architect and Motivational Speaker)

A social worker and member of Million Dollar Round Table (USA), having an experience of more than 30 years in the field of Strategic management, investment banking and financial planning.

COVID-19 outbreak has spread across the globe and claimed thousands of lives. Uncertainties in the markets, declining economy and rising unemployment have created restlessness in the public. To overcome the current financial crisis and tide over these difficult times, there is a need to manage our budget sensibly.

Team MSMS has taken this responsibility by conducting a **fourth live WEBINAR** for its parents fraternity on the topic “**Mind Your Money**” on 22nd June 2020. Same was conducted on Zoom virtual platform, **live streaming was showcased on YouTube channel of MSMS.**

The session was graced by the presence of esteemed members of the management ***Shri S.M.Jain Ji, Shri Prashant Jain Ji, Honorable Director Sir Shri S.L.Jain, Principal Ma’am Ruchika Sukhija and Head Mistress Ma’am Mrs. Aparna Trehan.***

The session was commenced by Mrs. Garima Madan with a warm welcome address of all dignitaries. It was followed by offering prayers to lord Mahavira by chanting the Navkar Mantra.

Next, Principal Ma’am gave a brief introduction of Mr. Rajiv Jain, who then initiated the discussion with warm greetings to everyone.

Mr. Rajiv Jain started the session by discussing the meaning of mind;

M - Money

I - Invest today for

N - Needs &

D - Desires of tomorrow

Some of the key points discussed by him were as follows;

- Don't over spend, save for tomorrow
- We should spend money on our needs not our wants

- Avoid using credit cards, use money you have in your pocket
- Stop EMI, start SIP and be happy
- Since money doesn't grow on trees, invest your money wisely otherwise inflation will eat all your funds
- Savings are for short term and investments are for long term
- Don't follow herd mentality
- Don't put all the money at a single place
- Make small investments at different places according to your requirements
- Every investment has its own risks, go through the risk factors before investing your money
- Save at least 20% of your gross earnings for a secured future

Last but not the least, if you don't mind your money no one else will. Money is not everything but something very important.

Thereafter, a question-answer round was conducted to take up the doubts of the participants about;

- Safe investments
- Mutual Funds
- Stock Market
- Best time to invest money

All queries on the participants were answered satisfactorily

Director Sir then addressed the participants starting with an old proverb that one should always live within one's means (i.e. not to spend more than one's earnings). However, he also emphasized that one should try to increase one's means in a disciplined manner.

He said that we should not only mind our money but should also mind our Relationship and Social behavior. Also, one should not indulge in risky speculative activities.

Further, he suggested that parents should encourage their children to manage and save money.

Sir then appraised about Shri Rajiv Jain, his family background, professional achievements and his global experience.

Our respected **Manager Sir, Shri S.M.Jain Ji** addressed the participants and gave following valuable words of wisdom;

- One should be disciplined in every aspect of life be it home, workplace or society
- One should maintain a budget and allocate adequate funds for the future

Manager Sir then proudly spoke about the contributions of Jain society towards economic growth and social welfare of the country.

The webinar concluded with the vote of thanks presented by the co-ordinator Mrs. Bhawana Aggarwal.

This was a wonderful and enriching session for everyone.

Thanks & Regards

Renu Gupta

Report on Webinar 4 (22nd June 2020, at 4 PM)

Report for Webinar on DELINQUENT REBELLIOUS BEHAVIOR IN CHILDREN

"We cannot always build the future for our youth, but we can build our youth for the future"

Children can accomplish amazing things but they can also engage in undesirable behaviours. This as parents, can be challenging, specially when these behaviours cross into the line of delinquency.

At MSMS, we have always focused on building the right ethics and inculcation of root values. Continuing with our endeavours, a Webinar on DELINQUENT REBELLIOUS BEHAVIOR IN CHILDREN by Mr. Ashish Aggarwal, MSMS Alumnus and founder of WWW.PSYMENT.COM, A webportal for psychological counselling and mentoring was organised on Saturday,18th July,2020 at 4.00 pm.

The webinar aimed to provide the indicators and the suggestions to deal with disagreeable behaviour among the children.

The webinar was attended by honourable member of the management Sh. Prashant Jain ji, Sh. S.L. Jain ji-Director of the school, Principal ma'am Smt. Ruchika Sukhija and Headmistress Smt. Aparna Trehan. Also in attendance amongst the decorated gathering were Principals and academicians from schools all over India, like Mrs Ragini Kaul, Mr. David, Ms. Binny Singh, Mrs. Alka Kapur and Mrs Rachna Luthra.

Parents of Classes VI to XII attended this interactive webinar and got a valuable insight into the behaviour and conduct of today's generation.

The webinar started with a rendition of Navkar Mantra and a heartfelt welcome by Mrs Kamaldeep Narula.

Followed by a welcome address by Principal ma'am Mrs Ruchika Sukhija. She introduced Sh. Ashish Aggarwal, the much decorated expert speaker of the day and told everyone about his multifarious personality as a great trainer, psychologist, expert speaker, philanthropist and a man of high goals.

Mr. Ashish began his lecture by defining delinquency and aggressive behaviour. He approached the concepts with clarity and proceeded to tell the social systems that lead to delinquency in children and manifest in various negatively inclined behaviours like drinking alcohol, using abusive language, declining respect for elders and teachers, etc.

He emphasised that aggressive behaviour becomes precursor of delinquent behaviour and should not be ignored. In fact basis of all aggressive delinquent behaviour is loss of trust in

environment due to Disillusionment which may be result of illusion of unconditionality, illusion of limitlessness, goodness and illusion of acceptance.

The guiding principle is that delinquent aggressive behaviour is, a learnt behaviour and unlearning is possible.

There are various strategies suggested by psychologists which include reconditioning, mindful parenting, strengthening the bond and cognitive behaviour therapy.

But a powerful solution was offered by the speaker -unconditionality and limitlessness should be made perceivable for the child by acceptance, hand holding, basic respect and motivation.

Mr Ashish emphasized the fact that parents and teachers can promote self reliance amongst the young delinquents . Self reliance in three ways social,vocational and financial self reliance which can help in managing negative traits especially in 5 to 15 years' age groups.

He also suggested positive mentoring to rectify delinquent behaviour by parents, friends or teachers who can act as guides for the children showing aggressive delinquent behaviour.

The thought-provoking and motivating talk was followed by an interactive session for the audience that joined through zoom and YouTube.

Many audience members asked their doubts and discussed their concerns that were addressed by Ashish Sir emphatically and knowledgeably.

The overwhelmed audience admired the highly realistic and workable solutions offered by Ashish Sir and bestowed heaps of appreciation on him. The connectivity he established with the parents was highly acknowledged by them.

Director Sir appreciated the webinar for offering workable solutions modern problems of the youth.

In the end Mrs Kanchan Naswa the coordinator of the webinar thanked the management for championing every concern and guiding us on everything. We also expressed are gratitude to our vibrant and zealous principal for burning the midnight oil and illuminating our paths of learning.

Regards,

Parerna D Sharma